

Prayer: — your wisdom  
 — your word as our God  
 — willingness to hear what You say, and obey

Homework review:

What important facts stood out to you this week in your reading of Temptation: Fighting the Urge?

What questions did the mini book raise?

**WHAT CIRCUMSTANCES DO PEOPLE SAY CAUSE THEIR TEMPTATIONS?**

**WHAT REASONS OR EXCUSES DO PEOPLE USE TO EXPLAIN AWAY GIVING INTO TEMPTATIONS OR ADDICTIONS?**

Since we believe that God's word is sufficient for all of life and godliness (2 Peter 1:3) let's see what God has to say about our temptations.

(James 1:13-16 [LSB](#))

“Let no one say when he is tempted, “I am being tempted by God”; for God cannot be tempted by evil, and He Himself does not tempt anyone. But each one is tempted **when he is carried away** and **enticed by his own lust**. Then when lust has conceived, it gives birth to sin, and when sin is fully matured, it brings forth death.

**Do not be deceived, my beloved brothers.”**

According to James, what is the cause of our temptations?

What does vs. 13 say about temptation? (There will be temptation)

Ephesians (4:17-24) and Colossians (3:5-10) command us to put off the old man and put on the new man.

Putting on the new man, requires us to plan for temptation. (Keith Palmer)

1. Offense
2. Defense
3. Special Teams (When you are in trouble)

Offense

(Hebrews 4:15-16 [LSB](#))

“For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things like we are, yet without sin. Therefore let us draw near

with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need.”

(Hebrews 12:1-2 [LSB](#))

“Therefore, since we have so great a cloud of witnesses surrounding us, laying aside every weight and the sin which so easily entangles us, let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.”

(Psalm 119:9-11 [LSB](#))

“How can a young man keep his way pure? By keeping it according to Your word.  
With all my heart I have sought You; Do not let me stray from Your commandments.  
Your word I have treasured in my heart, That I may not sin against You.”

### Defense

(1 Corinthians 10:13-14 [LSB](#))

“No temptation has overtaken you but such as is common to man, but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it.  
Therefore, my beloved, flee from idolatry.”

What does idolatry mean? What is being called idolatry? Temptation involves the worship of something that is not God.

### Special Teams—Repentance

(Psalm 51:1-10,17 [LSB](#))

1. Acknowledge you sinned.v.3
2. Confession v.4
3. godly remorse/humility v 3,8,17
4. Request forgiveness
5. commitment: Aware of what needs to be done and by Gods grace, changing. v.10

1 “Be gracious to me, O God, according to Your lovingkindness; According to the abundance of Your compassion blot out my transgressions.

2 Wash me thoroughly from my iniquity And cleanse me from my sin.

3 For I know my transgressions, And my sin is ever before me.

4 Against You, You only, I have sinned And done what is evil in Your sight, So that You are justified when You speak And pure when You judge.

5 Behold, I was brought forth in iniquity, And in sin my mother conceived me.

6 Behold, You delight in truth in the innermost being, And in the hidden part You will make me know wisdom.

7 Purify me with hyssop, and I shall be clean; Wash me, and I shall be whiter than snow.

8 Make me to hear joy and gladness, Let the bones which You have crushed rejoice.  
 9 Hide Your face from my sins And blot out all my iniquities.  
 10 Create in me a clean heart, O God, And renew a steadfast spirit within me.”  
 17 “The sacrifices of God are a broken spirit; A broken and a  
 contrite heart, O God, You will not despise.”

So, what’s the biblical difference between temptation and addiction?

Nothing.

Be careful ascribing a medical or psychological term to sins the bible speaks clearly about. What this does is remove the responsibility of the sin from the person committing it.

Alcoholism/drug use = drunkenness (1 Peter 5:8, Ephesians 5:18, Proverbs 20:1, 1 Corinthians 6:19-20)

food/drink = gluttony

Sexual behavior/adultery/pornography = fornication/adultery

video games/leisure activity = laziness/idleness

gambling = bad stewardship

We all have addictions...those pet sins we don’t want to give up. For some, its things we don’t take seriously as sin. For others, they are glaring issues like, gambling, sex, alcohol.

What does God expect from His children regarding these “little” and “big” things?

Let’s start with Matthew 7

(Matthew 7:3-5 LSB)

“And why do you look at the speck that is in your brother’s eye, but do not notice the log that is in your own eye? “Or how can you say to your brother, ‘Let me take the speck out of your eye,’ and behold, the log is in your own eye? “You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother’s eye.”

(1 Peter 2:11 LSB)

“Beloved, I urge you as sojourners and exiles to abstain from fleshly lusts which wage war against the soul,”

(Galatians 5:24 LSB)

“Now those who belong to Christ Jesus crucified the flesh with its passions and desires.”

(Matthew 5:29-30 LSB)

“But if your right eye makes you stumble, tear it out and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to be thrown into hell. “And if your right hand makes you stumble, cut it off and throw it from you; for it is better for you to lose one of the parts of your body, than for your whole body to go into hell.”

(Romans 8:13 LSB)

“for if you are living according to the flesh, you must die, but if by the Spirit you are putting to death the practices of the body, you will live.”

(Colossians 3:5 ESVi)

“Put to death therefore what is earthly in you: sexual immorality, impurity, passion, evil desire, and covetousness, which is idolatry.”

(Romans 13:14 ESVi)

“But put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.”

Just One More. P 21 -23