

Verse 1

**“Bless Yahweh, O my soul, And all that is within me, bless His holy name.”
(Psalm 103:1 LSB)**

Bless:

praise, kneel, thank, abundantly adore

Yahweh:

**“Then Yahweh passed by in front of him and called out, “Yahweh, Yahweh God, compassionate and gracious, slow to anger, and abounding in lovingkindness and truth; who keeps lovingkindness for thousands, who forgives iniquity, transgression, and sin; yet He will by no means leave the guilty unpunished, visiting the iniquity of fathers on the children and on the grandchildren to the third and fourth generations.””
(Exodus 34:6–7 LSB)**

**“—for you shall not worship any other god, for Yahweh, whose name is Jealous, is a jealous God—”
(Exodus 34:14 LSB)**

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(Psalm 103:1 LSB)**

**O MY SOUL - personal, to the inside
ALL THAT IS WITHIN ME — every part of me
fear of drifting -**

**“For this reason we must pay much closer attention to what we have heard, lest we drift away.”
(Hebrews 2:1 LSB)**

**“This hope we have as an anchor of the soul, a hope both sure and confirmed and one which enters within the veil, where a forerunner has entered for us—Jesus, having become a high priest forever according to the order of Melchizedek.”
(Hebrews 6:19–20 LSB)**

**“Let us hold fast the confession of our hope without wavering, for He who promised is faithful. And let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another, and all the more as you see the day drawing near.”
(Hebrews 10:23–25 LSB)**

**“keeping faith and a good conscience, which some, having rejected, suffered shipwreck in regard to their faith.”
(1 Timothy 1:19 LSB)**

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(Psalm 103:1 LSB)

Holy

- He, the Creator, is fundamentally different from us the creation.
- Ex 3 - burning bush
- Ex 19 - Sinai
- Tabernacle’s Most Holy
- Holy Place
- whole temple/tabernacle is holy
- holy mountain, holy city, holy land
- creation

“And one called out to another and said, “Holy, Holy, Holy, is Yahweh of hosts; The whole earth is full of His glory.””

(Isaiah 6:3 LSB)

- Jesus is called holy in the NT(Luke, Acts) as is the Holy Spirit
- God’s only attribute that is ever mentioned in 3’s.

John Frame says,

“Holiness is God’s capacity and right to arouse our reverent awe and wonder. It is His uniqueness, his transcendence as our Creator. It is His majesty, that the holy God is like a great king, whom we dare not treat like other persons.

Indeed, God’s holiness impels us to worship in His presence.

Because we are sinners as well as creatures, God stands over against us, not only as transcendent, but as ethically pure. It is particularly as sinners that we fear to enter God’s holy presence. When Isaiah heard the cry of the seraphs, Holy Holy Holy, he immediately remembered his own sin, WOE IS ME, FOR I AM LOST, for I am a man of unclean lips and I dwell in the midst of a people of unclean lips, for my eyes have seen the KING, the LORD OF HOSTS”. Is. 6:5”

We are pushed away by God's holiness, we must stand back, to kneel, forboding and forbidden by His holiness to realize that it is His holiness that is our salvation. He draws us, when our sinfulness, like Isaiah's should repel us. Like Isaiah, it takes the act of God, His purifying of our sin, to allow us to draw near to the throne of Grace, to be close to His holiness as He continually makes intercession for us.

"I will not execute My burning anger; I will not make Ephraim a ruin again. For I am God and not man, the Holy One in your midst, And I will not come in wrath.

They will walk after Yahweh; He will roar like a lion; Indeed, He will roar, And His sons will come trembling from the west."

(Hosea 11:9–10 LSB)

"My God, my God, why have You forsaken me? Far from my salvation are the words of my groaning.

O my God, I call by day, but You do not answer; And by night, but I have no rest.

Yet You are holy, Enthroned upon the praises of Israel.

In You our fathers trusted; They trusted and You rescued them.

To You they cried out and were granted escape; In You they trusted and were not disappointed."

(Psalm 22:1–5 LSB)

Bless His holy name

"Therefore, since we receive a kingdom which cannot be shaken, let us show gratitude, by which we may offer to God an acceptable service with reverence and awe; for our God is a consuming fire."

(Hebrews 12:28–29 LSB) (gratitude - remember 2 Timothy 3:2)

Verse 2

David calls himself again to remember! He's tuning the harp strings!

Do we constantly call ourselves to remember?

Commands himself to **NOT FORGET ANY**

How dangerous are our memories. How often do we choose to remember the bad, the wrong, the evil, the hurt, and not the benefits.

“For men will be lovers of self, lovers of money, boastful, arrogant, blasphemers, disobedient to parents, ungrateful, unholy, unloving, irreconcilable, malicious gossips, without self-control, without gentleness, without love for good, treacherous, reckless, conceited, lovers of pleasure rather than lovers of God, holding to a form of godliness, but having denied its power. Keep away from such men as these.”

(2 Timothy 3:2–5 LSB)

Spurgeon says we drag up the refuse (the trash) of the past, but neglect the priceless treasures God has given.

“The Lord has saved us with a great salvation, shall we render no recompense?”

Remember recompense from Ps. 91. Then it was the recompense of the wicked, now it's the recompense of God's benefits.

David begins to catalogue God's benefits.

Verse 3

Pardon iniquities

Heals diseases

“See now that I, I am He, And there is no god besides Me; It is I who put to death and give life. I have wounded, and it is I who heal, And there is no one who can deliver from My hand.”

(Deuteronomy 32:39 LSB)

“As for me, I said, “O Yahweh, be gracious to me; Heal my soul, for I have sinned against You.””

(Psalm 41:4 LSB)

Verse 4

3. Redeem from the pit - kinsman redeemer - Ruth, Christ takes on flesh

“And the Word became flesh, and dwelt among us, and we beheld His glory, glory as of the only begotten from the Father, full of grace and truth.”

(John 1:14 LSB)

“concerning His Son, who was born of the seed of David according to the flesh,”

(Romans 1:3 LSB)

“Jesus said to her, “Stop clinging to Me, for I have not yet ascended to the Father; but go to My brothers and say to them, ‘I ascend to My Father and your Father, and My God and your God.’””

(John 20:17 LSB)

4. Crown with lovingkindness and compassion

Bibliography

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All scripture reference from the LSB